Anthropometric measurement of Saudi Arabia male workers

This paper presents the results of anthropometric data collected for Saudi male workers working in different occupations in Riyadh, the capital city of the kingdom. A set of 15 body measurements and the weight are collected for 150 subjects aged 25-60. Moreover, triceps skinfold measurements were collected for future health evaluation. The data were compared to eastern and western populations for future references. Anthropometric tables were constructed that can be utilized by designers, healthcare professionals and private and government agencies. It is believed that this is the first anthropometric study for the working men in the country and availability of such data will allow for safe and convenient work place design.