

Can Teacher Wellbeing Improve Teacher's Quality of Work Life

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Abstract

Teachers must be able to improve the quality of their profession to meet the demands of industry 4.0. A quality profession will not be achieved if teachers do not have quality and prosperous human beings. By utilizing technological developments, teachers can monitor and diagnose the condition of their own welfare on an ongoing basis, to optimize the quality of work life. A Qualified Teacher's Work Life is very important for the teacher himself as an educator, institution and nation and state. Quality work life can be a measure of teacher growth vertically and horizontally along with the growth of the institution. Quality of work life refers to the level of satisfaction, motivation, involvement, and commitment experienced by teachers with respect to their lives at work. The interests of teachers as individuals are still fulfilled just as they fulfil their interests in their work. Encounter Education, psychological traits with Artificial Intelligence called Positive Education is the main goal of this research. One form is self-diagnostic which is able to diagnose psychological conditions to produce optimal quality. This study aims to dig deeper through various literature studies on teacher wellbeing whether it can improve the Quality of Work Life of teachers. The results of the study show that teacher wellbeing is one of the indicators that also determines the quality of work life of teachers.

Keywords

Teacher Wellbeing, Quality of Work Life, Neuroresearch, Indonesian Teacher

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