Can Teacher Wellbeing Improve Teacher's Quality of Work Life

Sasmoko
Primary Teacher Education Department
Faculty of Humanities
Bina Nusantara University
Jakarta, Indonesia
sasmoko@binus.edu

Yasinta Indrianti
Entrepreneurship Department
Universitas Agung Podomoro
Jakarta, Indonesia
yasinta.indrianti@podomorouniversity.ac.id

Abu Yazid Abu Bakar
Faculty of Education
Universiti Kebangsaan Malaysia
Malaysia
yazid3338@ukm.edu.my

Abstract

Teachers must be able to improve the quality of their profession to meet the demands of industry 4.0. A quality profession will not be achieved if teachers do not have quality and prosperous human beings. By utilizing technological developments, teachers can monitor and diagnose the condition of their own welfare on an ongoing basis, to optimize the quality of work life. A Qualified Teacher's Work Life is very important for the teacher himself as an educator, institution and nation and state. Quality work life can be a measure of teacher growth vertically and horizontally along with the growth of the institution. Quality of work life refers to the level of satisfaction, motivation, involvement, and commitment experienced by teachers with respect to their lives at work. The interests of teachers as individuals are still fulfilled just as they fulfil their interests in their work. Encounter Education, psychological traits with Artificial Intelligence called Positive Education is the main goal of this research. One form is self-diagnostic which is able to diagnose psychological conditions to produce optimal quality. This study aims to dig deeper through various literature studies on teacher wellbeing whether it can improve the Quality of Work Life of teachers. The results of the study show that teacher wellbeing is one of the indicators that also determines the quality of work life of teachers.

Keywords
Teacher Wellbeing, Quality of Work Life, Neuroresearch, Indonesian Teacher

Acknowledgements

This work is supported by Research and Technology Transfer Office, Bina Nusantara University as a part of Bina Nusantara University’s International Research Grant entitled Face Recognition Teacher Wellbeing Application to Optimize Teacher Quality Work Life with contract number: 017/VR.RTT/III/2021 and contract date: 22 Maret 2021. We also want to say thanks to Podomoro University, Universiti Kebangsaan Malaysia, and National Board Teachers Association of the Republic of Indonesia for the contribution as partners in research.
Biographies

Prof. Dr. Ir. Sasmoko, M. Pd, CIRR, IPU has an educational background in Civil Engineering Education, Masters in Technology and Vocational Education, Doctor of Education Management, Engineer, Graduate of the National Resilience Institute (Lemhannas) of the Republic of Indonesia PPSA XVI 2009 and recipient of the best graduate award for the First Mainstay of Lemhannas RI, holder of Certified International Research Reviewer (CIRR) ), and holds a Major Professional Engineer (IPU) degree. Currently as Leader of Research Interest Group in EduTech BINUS University. In 2022 there will be 21 on-going research projects. Has written >18 Research & Measurement Methods Textbooks and 4 monographs. Has produced 147 papers in international journals indexed by Scopus/Web of Science, with an H-index of 12. Has produced more than 27 Intellectual Property. Developer of E-Learning Model http://sasmoko.com since 2009 which is implemented in 5 universities. Neuroresearch Brand Holder. He is member of IEOM, IEEE, and AECT. ORCHID No 0000-0001-9219-9237

Yasinta Indrianti, M. Psi., Psikolog obtained a S.Psi degree, Bachelor of Psychology from Sanata Dharma University in 2006; M.Psi, Master and Professional Psychologist in Psychology from Tarumanagara University in 2016. She is currently pursuing a Doctorate in Management Science through the Indonesian Education Scholarship at Bina Nusantara University, Jakarta. Her publications relate to the scientific fields works in the fields of psychology, entrepreneurship, management and multidisciplinary. She has several certifications in addition to certification as a psychologist as well as BNSP Certification, as an MSME Facilitator and Character Certification as a lecturer. She is also active in various community activities, namely as Deputy Secretary General at the Indonesian Catholic Lecturer Association. ORCHID No 0000-0002-3303-5977.