

Hearing Threshold Levels among Clothes Convection Industry Workers in Klaten, Central Java, Indonesia

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Abstract

Occupational Hearing Loss (OHL) is observed when employees are subjected to high decibel levels or ototoxic substances that damage one's hearing. Noise-induced hearing loss (NIHL) is a condition that progresses gradually and is frequently unnoticed in its early stages due to the absence of observable symptoms. Noise-induced hearing loss is usually detected after effects on hearing ability, difficulty understanding speech, and affected communication. Most NIHL causes permanent neural damage but is preventable. The study aims were to determine the prevalence of decreasing hearing threshold among workers in the cloth convection home industry at Klaten, Central Java, Indonesia. The study used an observational analytic approach with a cross-sectional design, and the sample comprised 21 workers from the home industry. Through interviews, we collected demographic data, the onset of working, and the use of protective devices. All participants underwent pure tone audiometry and were categorized by noise exposure environment. A total of 21 workers, 18 (85.7%) female and 3 (14.3%) male are 31-60 years old, and the most duration of work is 11-20 years. The main results showed that the prevalence of decreasing hearing threshold among workers in this study was 33.3%. Hearing threshold decreasing was correlated with the onset of working more than ten years of experience ($p = 0.001$, $r = 0.655$). Ear protection is a habit in 10 (47.6%) workers.

Keywords

Occupational diseases, Hearing Loss, Audiometry, Prevalence, Human, Noise induce.

Biographies

Asti Widuri is currently a Senior Lecturer at Department of Otorhinolaryngology, Faculty of Medicine and Health Science, Universitas Muhammadiyah Yogyakarta (UMY), Yogyakarta, Indonesia. She also a student of Doctoral program in Faculty of Medicine, Public Health and Nursing, Universitas Gadjah Mada, Yogyakarta, Indonesia. Her research interests include allergy immunology, rhinology, allergic rhinitis, hearing loss screening detection and voice disorder etc. She has several publications in National and International referred journals in health and medicine domain. She also has quite a long (14 years) clinician experience in Jogja International Hospital, PKU Muhammadiyah Hospital and AMC Muhammadiyah Hospital Yogyakarta Indonesia. She was member of Indonesian Society of Otorhinolaryngology Head and Neck Surgery, International member of Korean Society of Otorhinolaryngology Head and Neck Surgery (KORL-HNS) and ASEAN Rhinology Society. In 2019 she received award for outstanding achievement in Rhinology Research at International Congress of Otorhinolaryngology Head and Neck Surgery.

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