

## **The Decline of Reading Habits Among the Youth: A Digital Age Dilemma**

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### **Abstract**

Reading habits among young people are significant for learning new things and developing knowledge, but they are becoming less common. This research study aims to look at why the number is decreasing day by day and how digital technologies play a vital role. Surveys were supervised to a diverse sample of young people to gather quantitative data based on reading habits and media consumption. By way of surveys, we prevailed that spending more time on social media and online games is abating the numbers of reading. For these issues academic pressure and insufficient time are also reasons. Declining of reading books can lead to decreasing analytical skills, reducing the ability to understand and increasing de-culture. To reduce this issue, it is mandatory to encourage reading in institutions and libraries, using digital media for reading and result in appealing reading experiences. By encouraging the habit of reading in young people may accomplish the knowledge by reading books. This study indicates multifarious output re-energization is needed for reading habits, which includes upgrading reading in institutions and libraries, promoting the internet for reading can create interest in reading. By figuring out, we may stimulate and get used to reading and assure that youths acquire the transmuting capabilities of reading books.

### **Keywords:**

Reading Habits, Youth, Development, De-culture, Digital Technologies.

### **Biographies**

**Md. Hasibul Haque** is an American International University-Bangladesh undergraduate studying Computer Science and Engineering. He has a strong desire to solve difficult issues and learn new programming languages. He is skilled in Python, C++, and JavaScript. He enjoys working in groups and frequently leads teams. His ability to have a big impact on the tech industry is demonstrated by his dedication to lifelong learning and creative problem-solving. He often plans workshops outside of university to inspire classmates and share his knowledge.

**Sandiya Akter Bobby** is an undergraduate student in Computer Science at American International University-Bangladesh. She is passionate about software development and algorithms, with a particular focus on creating applications for Windows and Linux using various programming technologies, including .NET. Alongside her interest in software, she has a strong fascination with physics, especially in areas like electronics, astrophysics, and applied

physics. She also has a background in hardware circuit design, which enables her to explore efficient solutions that bridge the gap between software and hardware. Additionally, she is interested in human-computer interaction and machine learning, with the goal of improving user experiences and developing intelligent systems. By integrating her knowledge of algorithms, physics, and technology, she aims to contribute to innovative and practical solutions.

**Shahnewaz Ahmed** is an undergraduate student in Computer Science at American International University-Bangladesh, committed to addressing critical global challenges through technological innovation. His research focuses on the integration of modern computing technologies to enhance waste management systems, aiming to develop sustainable and efficient solutions. With a strong passion for leveraging robotics and data-driven methodologies, he seeks to revolutionize waste processing, recycling, and resource optimization. He aspires to contribute to environmentally conscious projects that promote sustainability and societal well-being. His dedication to innovation reflects a vision for creating transformative technologies that address pressing environmental issues.

**Tahmina Akter Julfa** is a student at the American International University of Bangladesh (AIUB), pursuing a degree in Computer Science and Engineering. Her academic focus and career aspirations are rooted in advancing the technology sector. With a keen interest in practical applications of engineering principles, Tahmina aims to contribute to innovative solutions within the tech industry. This project, Assessing the Practicality of Increased Power Output in Fuel Engines for Auxiliary Energy Production, reflects her dedication to exploring technological advancements and their impact on real-world systems.

**Md. Mortuza Ahmmed** is a Statistician and an Associate Professor in the Department of Mathematics at American International University-Bangladesh, Dhaka, Bangladesh. His research interests are application-oriented, focusing on the practical use of statistical techniques to enhance analysis accuracy and projection precision across diverse sectors. His primary academic focus spans public health, education, and machine learning. He is dedicated to empowering students with technical knowledge, enabling them to transform their ideas into tangible achievements, thereby fostering a progressive and modern society.